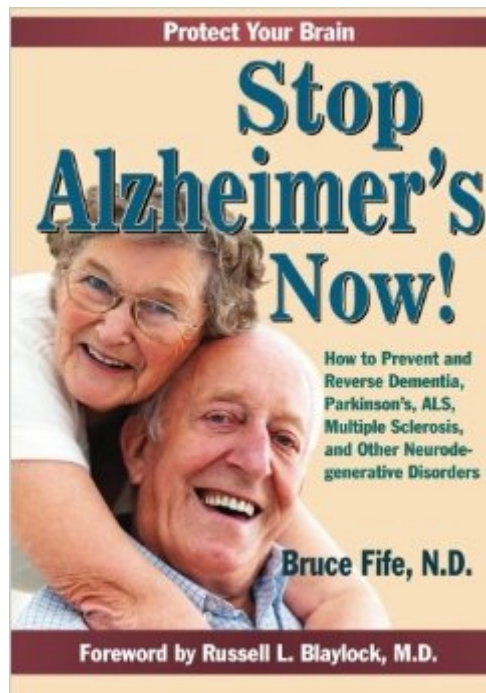


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# Stop Alzheimer's Now!: How To Prevent & Reverse Dementia, Parkinson's, ALS, Multiple Sclerosis & Other Neurodegenerative Disorders



## Synopsis

More than 35 million people have dementia today. Each year 4.6 million new cases occur worldwide-one new case every 7 seconds. Alzheimer's disease is the most common form of dementia. Parkinson's disease, another progressive brain disorder, affects about 4 million people worldwide. Millions more suffer with other neurodegenerative disorders. The number of people affected by these destructive diseases continues to increase every year. Dementia and other forms of neurodegeneration are not a part of the normal aging process. The brain is fully capable of functioning normally for a lifetime, regardless of how long a person lives. While aging is a risk factor for neurodegeneration, it is not the cause! Dementia and other neurodegenerative disorders are disease processes that can be prevented and successfully treated. This book outlines a program using ketone therapy and diet that is backed by decades of medical and clinical research and has proven successful in restoring mental function and improving both brain and overall health. You will learn how to prevent and even reverse symptoms associated with Alzheimer's disease, Parkinson's disease, amyotrophic lateral sclerosis (ALS), multiple sclerosis (MS), Huntington's disease, epilepsy, diabetes, stroke, and various forms of dementia. The information in this book is useful not only for those who are suffering from neurodegenerative disease but for anyone who wants to be spared from ever encountering one or more of these devastating afflictions. These diseases don't just happen overnight. They take years, often decades, to develop. In the case of Alzheimer's disease, approximately 70 percent the brain cells responsible for memory are destroyed before symptoms become noticeable. You can stop Alzheimer's and other neurodegenerative diseases before they take over your life. The best time to start is now.

## Book Information

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## Customer Reviews

"Stop Alzheimer's Now!" is one of the most important health books you will ever read! I was amazed by the wealth of information and the wisdom contained in this book. This book will be helpful to you if you want to treat or prevent Alzheimer's disease, Parkinson's disease Amyotrophic Lateral Sclerosis (ALS), Multiple Sclerosis, Huntington's disease, Epilepsy, Diabetes, Stroke and Dementia. It will also be helpful to anyone who wants to just be healthier in general as they age. Did you know that fluoride is toxic to your mitochondria? Do you know why it is probably better to drink organic milk? Did you know that eating a low-fat diet can be harmful to your health and that depression and suicide may be the result of such a diet? Have you ever considered that taking cholesterol-lowering drugs may be harmful to your health? Should you eat salmon or tuna? Which is healthier? Should you get a flu shot each year? Bruce Fife addresses these questions and much more. He first discusses many diseases in detail and then presents startling information on how drugs and anesthesia can cause problems with the brain. He lists a number of popular medications that are dangerous to take as you age. He also discusses the dangers of aspartame, MSG and nitrites. You have probably heard this information before but this author makes the strongest case I've ever read. Some of the good advice includes suggestions for a low-carb diet with plenty of healthy fats. Coconut oil is apparently very healing to the body. I'd never read this anywhere else in any of the health books I've read in the past ten years. I've used coconut oil in cooking but didn't realize it could cure diseases.

I cannot recommend this book highly enough. It covers a completely natural therapeutic treatment plan for all types of neurological disease, not only Alzheimer's but also Parkinson's, Lou Gehrig's Disease, ALS, MS, etc ... even potentially autism. I've read a number of books on neurological conditions. For example ... "What Your Doctor May Not Tell You About Parkinson's." Besides the obvious mainstream claptrap, those books are useless. Those books cover about the same territory as the Mayo Clinic website and basically say, you can take these pharmaceutical drugs, there may (actually WILL) be these side effects, try to stay active, maybe do yoga for peace of mind. BS. Total BS. I bought this book b/c the forward was written by Dr. Russell Blaylock, MD, a neurosurgeon who is now a courageous and outspoken advocate of NUTRITION as the basis of health and healing and a staunch opponent of the mainstream big medicine approach of prescribing TOXIC (yes, all

pharmaceuticals are toxic) drugs as the primary means of treatment of degenerative and chronic health conditions ... which needless to say DOES NOT HEAL but merely temporarily ameliorates symptoms (while typically actually worsening health over the long run). These statements are true. If you don't believe it, do your own research with an open mind and convince yourself. Anyone who listens to their doctor WITHOUT INDEPENDENT VERIFICATION of the facts is taking a real risk with their health. Now, putting my diatribe aside, about the book ... I learned a huge amount from the book. It is very comprehensive as to all the various assaults on the brain and why various foods and environmental influences are bad for the brain. It will make you understand why the modern industrialized food and medicine industry will debilitate you.

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